

ANGUS HEALTH IMPROVEMENT ACTION GROUP

Minute of the above meeting held at 10.00 am on Wednesday 9 September 2009 in Room A, St Margaret's House, Orchardbank Business Park, Forfar.

Present

David Cook, Group Accountant, Angus CHP

Sheila Ferguson, Senior Manager (Special Needs), Housing Division, Neighbourhood Services, Angus Council

Ron Johnston, Sports & Development Services Manager, Neighbourhood Services, Angus Council

Liz McDonald, Project Development Worker, NHS Tayside

Jacqui McNeill, Corporate Planning Officer, Chief Executive's Department, Angus Council

John Mowat, Watch Manager, Tayside Fire and Rescue

Robert Peat, Director of Social Work & Health, Angus Council

Freda Stewart, Health Improvement Partnership Manager, Angus CHP

Susan Wilson, General Manager, Angus CHP

Apologies

Councillor Alison Andrews, Convener Social Work and Health

Stewart Ball, Senior Service Manager, Infrastructure Services, Angus Council

Paul Ballard, Deputy Director of Public Health, NHS Tayside

Jervis Browne, Environmental & Consumer Protection, Angus Council

Linsey Clenaghan, Senior Management Accountant, NHS Tayside

Eileen Jackson, Early Years and Childcare Officer, Education, Joint Strategic Support Unit, Angus Council

Drew Walker, Director of Public Health, NHS Tayside

Michelle Watts, Clinical Director, Angus CHP

Danny Webster, Team Leader, Children's Services Team, Joint Strategic Support Unit, Angus Council

In Attendance

Linda Grieve, Nutrition & Dietetic Manager, NHS Tayside

Kirsty McLean, Health Improvement Officer, Angus Council

Ms Susan Wilson in the Chair

1. HIAG MEMBERSHIP ACTION

Susan welcomed new members Jacqui McNeill and Sheila Ferguson to their first group meeting. Liz confirmed that all nominated representatives had now been confirmed. Stewart Ball would represent Angus Council's Infrastructure Services and Jervis Browne would attend on his behalf should Stewart be unable to attend any of the meetings. Liz would circulate a revised membership list to the HIAG for information.

It was agreed to ask Eileen Jackson if it would be possible for someone to

LMcD

attend the HIAG meetings on her behalf to represent Education should she be unable to attend.

LMcD

2. HEALTHY WORKING LIVES

Robert asked the group to note that the staff working at Angus Council's Bruce House in Forfar had achieved the Healthy Working Lives' Gold Award and that they were only the second organisation to achieve this award to date.

3. MINUTE OF PREVIOUS MEETING

The minute of meeting held on 10 June 2009 was approved as a correct record subject to noting that following further discussion, the amount allocated to the Angus Exercise Referral Programme for 2009/10 had been increased from £5,000 to £8,000. The draft minute would be amended accordingly.

LMcD

4. MATTERS ARISING

Action Points Update

The action points update arising from the meeting held on 10 June 2009 which had been circulated with the agenda, was reviewed. A revised Action Points Update reflecting the discussion would be circulated with this minute. The following specific point was noted:

LMcD

Services to Homeless People

Susan confirmed that the lead partnership for this was the Community Care & Health Executive Group. It was agreed to keep this item on the agenda for HIAG meetings for future updates given the cross cutting issues. Susan informed Sheila that Aileen Tait chaired the multi-agency group exploring services to homeless people in the context of the Homeless Strategy and suggested that she might want to contact Aileen direct for an update of the current position.

SF

5. CLARIFICATION OF HIAG LEADERSHIP FOR ANGUS PHYSICAL ACTIVITY

Freda reminded the group of the discussion which took place at the previous HIAG meeting on the Angus Exercise on Referral Programme and the agreement to explore the mainstreaming of the programme within Angus Council's Leisure Services. Freda updated the group on discussions which had taken place with the Council by referring to the discussion paper which she had tabled. The content of the paper and the issues highlighted in terms of responsibility for leadership for physical activity in Angus were noted. Following discussion, there was general agreement with the recommendation outlined in the paper that "Angus needs to move on from the existing Best Value Review and the action plan. There needs to be discussions at senior level on who will take the lead for physical activity in Angus, what processes need to be put in place to develop a Physical Activity Strategy for Angus, by whom and when this will feed into the Community Planning structure."

Freda put forward Angus CHPs view that its role was a supportive role as opposed to adopting the lead for physical activity in Angus. Ron Johnston

referred to on-going work being taken forward since the Best Value Review was published, including the work being undertaken by the group developing a physical activity action plan covering the next three years. Susan acknowledged the amount of work being undertaken, particularly in relation to the action plan which had formed the basis of the Health Improvement Plan commitment but expressed concern about there not being a co-ordinated approach to meet Single Outcome Agreement requirements and the absence of an over arching physical activity strategy. Robert Peat said it was his intention to re-establish a corporate health improvement network within the Council. Robert also said that it was his view that Angus Council should take the lead for physical activity in Angus and confirmed his commitment to contributing to further discussions about this in his role and responsibility for health improvement within Angus Council.

RP

Susan thanked Robert for his support in helping to resolve the issue.

It was agreed to include this item on the agenda for the next meeting to update the HIAG on progress.

LMcD

6. OBESITY IN CHILDREN AND ADULTS

Linda Grieve, Nutrition and Dietetics Manager gave a presentation on the mapping exercise referred to at previous meetings, which had now been completed. Linda highlighted the scale of the issue in Tayside confirming that one in five in Primary 1 children were overweight, which very much reflected the National position. Linda proceeded to outline and describe the aims of the survey, its methodology, the participants and the responses of those participants. Linda summarised the feedback from the respondents in terms of questions on relevant policies and drivers, service provision, training and resources and partnership working and communication. Concerns expressed about short term funding and sustainability issues were noted although Linda pointed out that the survey had been conducted prior to CEL 36 funding becoming available.

In terms of the way forward, proposals included the reporting of the survey findings in full, the planning of a further mapping exercise to look at engagement with families and producing evidence based recommendations and action planning via the Healthy Eating Active Living (HEAL) Angus, formerly known the Nutritional and Oral/Dental Health Network. The role, remit and membership of this group, now chaired by Linda, was currently under review.

Linda also referred to a current gap in child health surveillance whereby only those Primary 7 children identified as being obese were monitored. There was the potential to monitor all Primary 7s which would involve a small cost associated with data collection.

Ron Johnston acknowledged the link between obesity and physical activity and the impact on wellbeing now and in the future. Ron expressed his concern at the gap in collecting and measuring data between children in Primary 1 and Primary 7.

The HIAG thanked Linda for her informative presentation. Linda, in turn, acknowledged the work of Anna Maria Kaczmarek and Liz Magee which she had presented.

7. HEALTH IMPROVEMENT PLAN 2009 – 12

Freda said that today was the official launch of the plan and that while the plan covered the next three years, it also celebrated work and developments that had taken place over the past ten years. Freda pointed out that although it was no longer mandatory to produce health improvement plans, it was her view and that of the Angus Health Improvement Team that these plans link well with Single Outcome Agreements and help to address those issues which fall below the SOA waterline. It was noted that the Health Improvement Team would be working to the plan over the next three years. The HIAG's responsibility for the delivery of the plan was recognised and Freda confirmed that monitoring and evaluation reports would be submitted to the HIAG on a six monthly basis. In this respect, Susan said that she was also keen to develop a performance reporting framework and timetable for all of the health improvement sub groups which report to the HIAG and suggested that a template for reporting be brought to the next meeting for discussion.

FS/SW

The HIAG was supportive of the plan being produced and agreed that it offered a focus to addressing health improvement and acknowledged the importance of Community Planning Partners having access to the document and taking account of it in developing future SOAs.

8. REVIEW/MONITORING OF SINGLE OUTCOME AGREEMENT (SOA) OUTCOMES AND HEALTH IMPROVEMENT PLAN PERFORMANCE

As noted at the previous meeting, performance reports from the HIAG, the Children's Services Executive Group and the Community Care & Health Executive Group were to be presented at the SOA Implementation Group's meeting on 11 September 2009. Freda and Kirsty outlined the information contained in the report to be presented on behalf of the HIAG. A few minor suggestions were made but overall, the HIAG supported the information to be presented and thanked Freda and Kirsty for the amount of work which had gone into preparing the report.

9. HEALTH EQUITY STRATEGY

In Paul Ballard's absence, Liz updated the group on where things currently stood with the Health Equity Strategy and emphasised that the draft strategy which was due to be presented to Tayside NHS Board at its meeting on 24 September 2009, was a high level strategy document. The Board would be asked to approve the document as fit for a three month public consultation. If approved, the strategy would, depending on the outcome of that consultation, be resubmitted to Tayside NHS Board for final approval early in 2010. Implementation plans would be drawn up thereafter. In terms of resources being available for the implementation of the strategy, it was expected that the emphasis would be on the allocation of any resources freed up through the redesign of services being as opposed to new resources being available. Susan requested that this item be included on the agenda for further discussion at the next HIAG meeting particularly in relation to the potential impact of the strategy and managing risks.

LMcD

Freda advised that she represented Angus on the Project Board.

10. FUNDING ISSUES

(a) Revised HIF spreadsheet

The revised spreadsheet prepared by David Cook was discussed. The uncommitted funding of £58,528 for 2009/10 was noted. Freda said that this amount would now be slightly less (circa £700.00) due to increased production costs for the Angus Health Improvement Plan. Following discussion, it was agreed that the Angus Health Improvement Team (HIT) would consider potential initiatives for use of this non-recurring slippage taking account of the priorities contained within the Angus Health Improvement Plan and other relevant strategic plans/action plans relating to health improvement within Angus. These proposals would be submitted and circulated electronically to the HIAG for consideration/approval.

HIT

Referring to her presentation on obesity in children and adults, Linda Grieve outlined the benefits of undertaking some preventative work with pre-school children and how this might be achieved locally, the approximate cost of which would be £24,000 per annum. The group were supportive of this approach in principle and asked Linda to prepare and submit a brief paper for circulating electronically to the group describing the proposal and highlighting the health improvement benefits.

LG

(b) Proposals considered at previous meetings

(i) Sexual Health & Relationships Support Young Peoples' Services – managing financial risk

Freda confirmed that three nursing posts and three support posts had been advertised to take forward the proposal discussed and approved at the last HIAG meeting. The posts would be based in Forfar, Arbroath and a location yet to be decided.

(ii) Keep Well

It was noted that Angus had received funding in excess of £200,000 to take forward Keep Well initiatives. A small project team led by Gail Smith had been established.

(iii) Healthy Happy Communities Project Worker – formal confirmation of funding

Further to discussion at the last meeting, Freda informed the group that formal confirmation of CEL 36 funding had been received to roll out the Healthy Happy Communities Framework for disadvantaged mothers across Angus. Fairer Scotland Funding would support continuation of the project in Kirriemuir and Brechin. Interviews for the post will be held 6 October, 2009.

11. TOWARDS A MENTALLY FLOURISHING SCOTLAND: POLICY AND ACTION PLAN 2009 – 2011

Susan highlighted the briefing note which had been circulated with the agenda and drew particular attention to the Consultation and Action Planning Day organised for 17 September 2009, the aim of which was to highlight key areas where work contained within the document was already being carried out and to decide how the action plan might be taken forward and monitored locally via the Community Planning Partnership. As Chair of

both the Community Care and Health Executive Group (CCHEG) and the Health Improvement Action Group (HIAG), Susan suggested that this work be progressed through the HIAG because of the wider health improvement nature of the document.

The HIAG supported this approach.

HIAG

12. **MINUTES OF RELEVANT ANGUS HEALTH IMPROVEMENT GROUP MEETINGS**

The minutes of meetings circulated with the agenda for information, were noted.

13. **A. O. C. B**

David referred to the discussion at the previous HIAG meeting when the possibility of charging for Exercise on Referral was raised and asked if a conclusion had been reached. Freda confirmed that no agreement had been reached and that this issue required further discussion outwith the HIAG meeting.

FS

14. **DATE OF NEXT MEETING**

The next meeting will be held on Thursday 19 November 2009 at 2.00pm in Room B, St Margaret's House, Orchardbank, Forfar.