

ANGUS HEALTH IMPROVEMENT ACTION GROUP

Minute of the above meeting held at 10.00 am on Wednesday 10 February 2010 in The Boardroom, Angus House, Orchardbank Business Park, Forfar.

Present

David Cook, Group Accountant, Angus CHP

Eileen Jackson, Early Years and Childcare Officer, Education, Joint Strategic Support Unit, Angus Council

Ron Johnston, Sports & Development Services Manager, Neighbourhood Services, Angus Council)

Liz McDonald, Project Development Worker, NHS Tayside

Jacqui McNeill, Corporate Planning Officer, Chief Executive's Department, Angus Council

Freda Stewart, Health Improvement Partnership Manager, Angus CHP

In attendance

Pamela Brown, Angus Walking Co-ordinator

Kenny Grewar, Smoking Cessation Co-ordinator

Apologies

Councillor Alison Andrews, Convener Social Work and Health

Paul Ballard, Deputy Director of Public Health, NHS Tayside

Stewart Ball, Senior Service Manager, Infrastructure Services, Angus Council

Sheila Ferguson, Senior Manager (Special Needs), Housing Division, Neighbourhood Services, Angus Council

Adrian McLaughlin, Principle Planning Officer, Angus Council

John Mowat, Watch Manager, Tayside Fire and Rescue

Robert Peat, Director of Social Work & Health, Angus Council

Drew Walker, Director of Public Health, NHS Tayside

Susan Wilson, General Manager, Angus CHP

Freda Stewart in the Chair

1. STEPS TAY HEALTH ACTION

Freda welcomed Kenny Grewar and Pamela Brown to the meeting. Kenny emphasised the progress made by the Steps Tay Health walking project in Angus and how it had developed since Pamela took up post in November 2008. Kenny outlined the funding arrangements and explained that PATHS FOR ALL had confirmed funding of £5,000.00 for the period 31 March 2010 to 30 November 2010 on a match funding basis. A bid had been made for Angus CHP Endowment funding for £5,000.00 to match the PATHS FOR ALL funding and a decision was awaited on the outcome of this bid. In addition to this, a further £7,000.00 was required to allow the project to continue until November 2010.

Pamela proceeded to inform the HIAG in more detail of how the project had

progressed. It was noted that Steps Tay Health had developed six walking groups across Angus and that there were now twenty trained volunteer walk leaders. Pamela said that there was a perception that the walks had evolved from being just a health walk to having a more holistic feel, providing “a purpose” for some individuals and so improving health and wellbeing through not only physical activity but by providing opportunities to address social isolation.

The project's contribution towards meeting the aims/targets of local and national strategies and the benefits of participating in health walks was highlighted.

Pamela reported that the proportion of walkers recruited from the targeted group had increased from 34% of the total number of walkers in the Summer of 2009 to just over 60% to date and that it was her opinion that there was potential to further increase the number of groups and walkers in the future. It was noted that two of the groups operated in the most deprived areas of Arbroath. It was further noted that PATHS FOR ALL were highlighting the Angus project as an example of good practice.

The HIAG thanked Kenny and Pamela for their informative presentation both of whom left the meeting at that stage. The group then proceeded to discuss the proposed the use of HIF funding to help support the project to November 2010. The HIAG was fully supportive of the project and agreed that it was delivering successful outcomes and contributing to meeting some of the aims of a number of key national and local strategies, including the Health Equity Strategy: Communities in Control. Ron Johnston also said that the project went some way to meeting the gap in physical activity provision for older people. After a full discussion, it was agreed to allocate £7,000.00 from the uncommitted HIF budget to allow the project to continue through to November 2010 and to give the project time to explore other potential sources of funding. The outcome of the bid for Angus CHP Endowment funding would be reported to the HIAG in due course.

FS

2. MINUTE OF PREVIOUS MEETING

The minute of meeting held on 19 November 2009 was approved as a correct record.

3. MATTERS ARISING

(a) Action Points Update

The action points update arising from the meeting held on 19 November 2009 which had been circulated with the agenda, was reviewed. A revised Action Points Update reflecting the discussion would be circulated with this minute. The following specific point was noted:

LMcD

(i) Services to Homeless People

Freda reported that the Angus Health & Homelessness Partnership Group was meeting that morning. Freda referred to previous discussion about linking with the Keep Well project and confirmed that this was not a way forward given the significant number of young homeless people in Angus being outwith the age criteria for Keep Well (45-64 years) even although there had been agreement from within the Keep Well project locally, to consider people aged 35 to 64 years.

(ii) Obesity in Children and Adults

Freda and Eileen had not yet had the opportunity to meet with the joint Chairs of the HEAL Group to discuss links with early years in the development of its integrated action plan to take forward the recommendations outlined in the summary mapping exercise report discussed at the previous HIAG meeting on 19 November 2009.

FS/
EJ

Freda said that the group convened to take forward Chief Executive Letter (CEL) 36 relating to nutrition of women of childbearing age, pregnant women and children under five in disadvantaged areas would report indirectly to the HIAG via the Healthy Eating Active Living (HEAL) Group. It was noted that a paper outlining developments in relation to CEL 36 had been circulated with the HIAG agenda for information.

(b) Other Matters Arising**(i) Health Equity Strategy 2009: Communities in Control**

The Community Planning Partnership's response to the consultation document together with proposals for inclusion in an action plan, both of which had been circulated with the agenda, were discussed and noted. The focus on partnership working and the partners' view that the Health Equity Strategy needs to be embedded within the Single Outcome Agreement process and not developed as a separate action plan was emphasised and it suggested that this could be achieved by integrating actions within the work of the thematic partnerships' delivery plans in Angus. The need to tap into what already exists amongst partner organisations in relation to both resource and experience was also highlighted.

Freda referred to the Angus Community Planning event being planned for a date in June (final date to be agreed) at which it was expected to implement the strategy with partners and communities in Angus.

(ii) Sexual Health & Relationships Support Young Peoples' Services

It was noted that the seven workers appointed had all taken up post.

Freda referred to proposals currently under discussion about how contraception services might be delivered to young people in the future. A further update would be given to the HIAG in due course.

FS

(iii) Keep Well

The project was progressing in Angus as planned. Freda said that the proposal to employ buddy volunteers to follow up people who did not attend GP surgeries for health checks had been delayed for a year. In the meantime, an outreach worker had been employed to engage with and support those who were unable or reluctant to visit their GP surgery.

(iv) Healthy Happy Communities Project

The paper prepared by Shona Burge, Project Manager, Angus Healthy Happy Communities, highlighting a two-day event taking place on Saturday 6 March and Monday 8 March 2010, was noted. The event aimed to raise awareness of the project and encourage local people to become involved in

community activities and volunteer in the project. Eileen also referred to a half day stakeholder event being held in March to explore local needs in Angus.

(v) Play@Home

As agreed at the last HIAG meeting, Play@Home packs had been issued to Health visitors in Angus. Freda said that the £750 allocated for this purpose was unlikely to be spent by the end of March but David confirmed that this was not a problem and the £750 would be carried forward to 2010/11. It was acknowledged that funding for the second stage of this initiative would need to be explored. Eileen agreed that the project fitted well with the Early Years Agenda and undertook to raise the possibility of future funding with the Early Years and Childcare Joint Action Group

EJ

The request made by the HIAG at its previous meeting in November 2009 for submission of information on evaluation and evidence of health outcomes was re-iterated.

FS

(vi) Action Learning Sets for Health Improvement

Freda informed the group that NHS Health Scotland was currently reviewing the format of its action learning sets and further information was awaited. Freda would update at the next HIAG meeting.

FS

4. PHYSICAL ACTIVITY

Ron Johnston informed the HIAG that Alastair Wilson, Senior Services Manager, Neighbourhood Services, Angus Council had been confirmed as the lead officer for Physical Activity in Angus.

Ron tabled the final draft of the Angus Physical Activity Plan 2010-2013 for comment. A wide range of departments within Angus Council had contributed to the document and input from partner organisations was welcomed. Ron emphasised that a significant number of the actions included in the document were already being undertaken. PATHS FOR ALL had yet to be incorporated. It was agreed that Ron would send Liz an electronic copy of the draft plan for circulation to the HIAG with a request for comments to be returned to Ron by Friday 26 February 2010. In response to a question by Freda, Ron confirmed that the document could be shared with Sharlaine Walker, Planning Manager for Mental Health, for comment.

**RJ/
LMcD**

FS

Ron referred to the ISPAL Health and Physical Activity Recognition Programme which he is progressing for Angus Council and asked that partner organisations be made aware of the programme. Liz undertook to forward the link to the Programme's website to the HIAG for information

LMcD

Freda spoke to the paper she tabled on Exercise Referral Services for Adults in Angus which provided an overview of the programme operating in Angus, focusing particularly on the current financial position and outlining options for the future running of the programme. It was reiterated that the £12,000 allocated on a recurring basis from health improvement monies back in 2002, would continue to be available. However, the additional £8,000 allocated by the HIAG from within the Angus HIF Funding for 2009/10 was not recurring. Following consideration of the three options outlined in the paper, the group agreed that option two should be developed for the forthcoming financial year "retain the programme but introduce a

subsidised charging system for adult and concessionary rates.” The costs associated with running the programme would be evaluated on a month to month basis to establish a charging system. Discussions would be held with Dundee City Council in relation to the electronic system operated to monitor referrals and assist with the administration of the programme.

In relation to the current financial year, Freda confirmed that the £8,000 allocated from the Angus Health Improvement Fund (HIF) was unlikely to be sufficient for the programme to continue to operate until 31 March 2010. David Cook had left the meeting at this stage. It was agreed that Ron would confirm the additional cost involved to continue the programme to 31 March 2010 and that a proposal would be circulated to the HIAG for comment.

RJ/
FS

5. REVIEW/MONITORING OF SINGLE OUTCOME AGREEMENT (SOA) OUTCOMES AND HEALTH IMPROVEMENT PLAN PERFORMANCE

The SOA Outcomes & Indicators Six Month Progress Report to 31 December 2009 which had been previously circulated to the HIAG, was discussed. This report had been presented to the SOA Implementation Group (SOAIG) at its meeting in January. The HIAG acknowledged the significant amount of work which had gone in to producing this document and thanked those who had contributed.

In accordance with the previously agreed reporting timetable, it was noted that a draft of the full year's SOA Outcomes & Indicators Progress Report would need to be discussed by the HIAG at its next meeting on 12 May 2010 and any changes made prior to submission to the SOAIG at its meeting on 17 June 2010. Any further changes would be made thereafter to allow presentation of the final draft to the SOAIG at its meeting on 3 September prior to submission to the Scottish Government by the end of September 2010. In addition to presentation of the final draft of the SOA Outcomes Progress Report at the meeting on 3 September 2010, there would also be a presentation by the HIAG on both “above and below waterline” indicators and actions.

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Freda confirmed that the HIAG's Delivery Plan Progress Report would be produced in the same format as the SOA Outcomes & Indicators Report. The Delivery Plan would be submitted to the Healthy Safe & Caring Communities Partnership at its meeting on 8 September 2010 and would reflect discussion held at the SOAIG meeting on 3 September 2010.

HIAG

6. FUNDING ISSUES

(a) Revised HIF spreadsheet

The revised spreadsheet prepared by David Cook was noted.

(b) Proposals to be considered against HIF slippage

The £7,000 approved to support the Steps Tay Health initiative and allow the project to continue to November 2010 as discussed earlier in the meeting (paragraph 1) was noted. A revised spreadsheet would be prepared to reflect this additional allocation.

The pending request for additional non recurring HIF funding for 2009/10 to support the Exercise Referral Programme in Angus to 31 March 2010 as

discussed under paragraph 4, was awaited.

7. TOWARDS A MENTALLY FLOURISHING SCOTLAND: POLICY AND ACTION PLAN 2009 – 2011

Freda said that following the event held in Forfar on 17 September 2009, information about current activity in relation to recommendations had been collated. A draft action plan would be submitted to the HIAG for discussion at a future meeting.

FS

It was noted that Deborah Gray, Senior Health Promotion Officer, Mental Health, Public Health Directorate, NHS Tayside was supporting Dundee and Angus CHPs with work surrounding Towards A Mentally Flourishing Scotland. Freda highlighted the correlation between the Towards a Mentally Flourishing Scotland objectives and the Choose Life objectives. Discussions around this would be held with Deborah and others.

A further routine update would be given at the next HIAG meeting.

**SW/
FS**

8. Cel 36 (2008) NUTRITION OF WOMEN OF CHILDBEARING AGE, PREGNANT WOMEN & CHILDREN UNDER FIVE IN DISADVANTAGED AREAS

The update paper circulated with the agenda, was noted.

9. Give it up for Baby

The paper prepared by Kenny Grewar, Smoking Cessation Co-ordinator which had been circulated with the agenda, was discussed and noted.

10. MINUTES OF RELEVANT ANGUS HEALTH IMPROVEMENT GROUP MEETINGS

The minutes of meetings circulated with the agenda were noted.

11. DATE OF NEXT MEETING

The next meeting will be held on Wednesday 12 May 2010 at 10.00am in the Lintrathen Room, Angus House, Whitehills Health & Community Care Centre, Forfar. **Please note the change of venue.**