

## ANGUS HEALTH IMPROVEMENT ACTION GROUP

Minute of the above meeting held at 10.00 am on Wednesday 10 September 2008 in the Lintrathen Room, Whitehills Health & Community Care Centre, Forfar.

### Present

Tim Armstrong, Senior Manager Strategic Development/Adult Care Services, Angus Council (for Robert Peat)

Paul Ballard, Deputy Director of Public Health, NHS Tayside

David Cook, Group Accountant, Angus CHP

Liz McDonald, Project Development Worker, NHS Tayside

Lee McLean, Leisure Services, Angus Council (for Ron Johnston)

Freda Stewart, Health Improvement Partnership Manager, Angus CHP

Susan Wilson, General Manager, Angus CHP

### Apologies

Jervis Browne, Environmental & Consumer Protection, Angus Council

Linsey Clenaghan, Senior Management Accountant, NHS Tayside

Ron Johnston, Sports & Development Services Manager, Leisure Services, Angus Council

Shirley Leslie, Team Leader, North West Locality, Angus CHP

John Mowat, Watch Manager, Tayside Fire and Rescue

Robert Peat, Director of Social Work & Health, Angus Council

Vivien Smith, Community Planning Manager, Angus Council

Drew Walker, Director of Public Health, NHS Tayside

Michelle Watts, Clinical Director, Angus CHP

Danny Webster, Team Leader, Children's Services Team, Joint Strategic Support Unit, Angus Council

### In Attendance

Ann Eriksen, Head of Social Inclusion, NHS Tayside

### Ms Susan Wilson in the Chair

It was noted that membership of the group needed to be reviewed in light of a number of recent staff retirements and absence due to sickness. Susan, Freda and Liz would discuss membership and arrange for replacement members to be invited onto the group in advance of the next meeting.

### ACTION

#### 1. MINUTE OF PREVIOUS MEETING

The minute of meeting held on 22 April 2008 was approved as a correct record.

#### 2. MATTERS ARISING

##### (a) Action Points Update

The action points update arising from the meeting on 22 April 2008 which had been previously circulated, was reviewed. A revised action points update reflecting the discussion, would be circulated with this minute. The

**LMcD**

following specific points were noted:

**(i) Performance Framework for Angus Community Plan**

Susan reported that discussions on the development of performance measurement tools in relation to the Single Outcome Agreement were on-going. Vivien Smith, Community Planning Manager had been invited to the next HIAG meeting in December to update the group.

**(ii) Services to Homeless People**

Susan undertook to contact Alan McKeown, Head of Housing, Neighbourhood Services, Angus Council to discuss services to homeless people in the context of the Homeless Strategy and the action arising from that strategy. It was suggested inviting Alan to attend a future HIAG meeting.

**SW**

**(iii) Healthy Working Lives**

Concern was expressed at the delay in advertising the Healthy Working Lives Co-ordinator post. Susan said that she would write to Robert Peat, copy to Tim Armstrong, asking if Robert would raise the issue with the Council's Human Resources Department.

**SW**

**(iv) Physical Activity Strategy – Obesity in Children and Adults**

Gillian McFarlane had been appointed to the post of Healthy Weight Co-ordinator for weight management services for adults in Angus. Gillian had taken up post in July 2008 and was undertaking a mapping exercise, details of which had been attached to the agenda for information. Freda highlighted the links being made with the Angus Nutrition and Oral/Dental Health Network and reported that the mapping exercise would seek to identify any gaps in services and recommend proposals for action. Implementation of agreed actions was unlikely to take place until next year.

Freda confirmed that the Community Health Nursing Team had agreed to collect data in relation to BMI measurements for P7s in Angus on a three yearly basis. This is significant to support comparative measures carried out in P1 already.

**(v) Gypsy Travellers**

Freda would contact Shirley Leslie to ascertain if the "Healthcare Services in Angus" leaflet needed to be reprinted. It was recalled that there was unmet needs funding available for this if required.

**FS/SL**

**(b) Other Matters Arising**

**(i) Focus on Alcohol Project**

The update circulated with the agenda was noted.

**(ii) Services to Migrant Workers**

Susan reported that since the last meeting, a new information booklet for migrant workers in Angus had been widely circulated across the area.

**3. UPDATE ON SEXUAL HEALTH STRATEGY & DISCUSSION ON FUTURE ACTION**

Susan welcomed Ann Eriksen, Head of Social Inclusion, NHS Tayside to the meeting. It was noted that Ann had the strategic lead within NHS Tayside for Sexual Health and Blood Borne Viruses and had agreed to attend the meeting to reflect on the recommendations and proposed actions contained within Tayside's Sexual Health Strategy and to lead a discussion on future action. It was agreed to include in the discussion, the paper "Sexual Health & Relationships Support: A partnership approach targeting early sexualised behaviours" which had been submitted by Freda and circulated with the agenda.

Ann opened the discussion by reflecting on the current position recognising developments which had taken place since the endorsement of the national strategy and action plan "Respect & Responsibility" by NHS Tayside in November 2005. The group proceeded to discuss areas of continued concern, including the wider psychological impact on young people and potential measures/approaches, both clinical and non-clinical, to address these issues. Access to sexual health services in and/or around schools, an increase in outreach work, support for social marketing, training for teachers, better practical parenting support, peer education, early interventions and encouraging an increase in the uptake of various forms of contraception were all approaches which were highlighted and discussed. Ann said that she was preparing a programme for Tayside NHS Board's Development Event to take place on 11 November 2008.

The importance of collaborating with partners in taking forward future actions was emphasised. Links with the local Joint Health Improvement Plan (JHIP), exploring opportunities to collaborate with colleagues working within other fields e.g. alcohol, drugs, parenting were highlighted.

Susan referred to the reduced number of drop-in clinics operating in Angus. Ann informed the group that she was due to visit a drop-in clinic in Edinburgh later in the month which had been operating as a pilot scheme. Services were being delivered with youth workers as well as school nurses. Susan felt that this was an area which needed to be reviewed in Angus.

**SW**

Ann said that she had contacted Evelyn Allardyce, Principal Planning Officer, Children's Services, Angus Council to discuss the "Strengthening Families" parenting programme. Freda confirmed that this was one of the programmes being considered in Angus. It was noted that an Angus Child Care Co-ordinator's post was soon to be filled. This post would be key to taking forward this area of work. Susan said she would discuss the current position and the way forward with Freda in more detail outwith this meeting.

**SW/FS**

The meeting proceeded to discuss the paper "Sexual Health & Relationships Support: A Partnership Approach Targeting Early Sexualised Behaviours" submitted by Freda. Freda explained the background to the proposal and explained that Tayside Police and The Web Project had initiated the request for the HIAG to consider the proposal. Freda had also submitted the request to the Angus DAT and the Blood Borne Viruses Group. The DAT had confirmed it was unable to commit resources at the present time and the Blood Borne Viruses Group had yet to respond.

While the HIAG supported the proposal in principle, it was the view that it could not sit in isolation. Susan suggested that it be further explored in the

context of the Sexual Health Strategy and as part of a full range of other initiatives which might be taken forward in Angus. Susan and Freda would discuss this in more detail outwith this meeting, including the potential of a summit of service leaders and professionals in this field.

**SW/FS**

**4. HEALTH AND WELLBEING PROFILE 2008**

Susan reported that the Angus CHP Health & Wellbeing Profile had been widely circulated, including submission to the Angus CHP Committee, Angus Healthy Safe & Caring Communities Partnership, Angus Community Planning Department and the Community Planning Partnership. Susan said that any “hot spots” contained in the profile would be addressed within the Health Improvement Plan (HIP).

**FS**

**5. DRAFT HEALTH IMPROVEMENT PLAN (HIP) 2008-2011**

Susan reported that the draft plan circulated with the agenda was a first draft which identified key themes and broad actions. Freda said that it was the intention to refine and further develop this draft to include costs, time scales, an evaluation framework and a list of key partners with whom to engage. A list of detailed actions identifying a lead person alongside each action would be prepared. This would form a separate attachment/appendix to the HIP in draft form.

**FS**

Fairer Scotland had been involved throughout the consultation process and would be added to the list of bodies/individuals included in the current draft document.

**FS**

It was expected that a revised HIP would be available for the Health Improvement conference on 29 October 2008.

**FS**

**6. HEALTH IMPROVEMENT FUND (HIF)**

The revised spreadsheet prepared by David Cook and Linsey Clenaghan, was discussed. The mainstreaming of a number of previously funded HIF projects and the identification of slippage accumulated over past years had resulted in uncommitted funding of £106,500 being identified.

Two proposals which had been submitted by Freda for consideration for funding from the HIF were discussed and approved as follows:

- Healthy Happy Communities Project, Grade 3 Clerical Post - £2,546
- Health Improvement Conference, 29 October 2008 - £1,400

Susan confirmed that proposals for the use of the uncommitted funding in the context of the JHIP would continue to be developed in advance of the October conference.

**FS/  
HIT?**

It was suggested that an amount of between £5,000 and £10,000 be earmarked within the uncommitted sum for small projects of up to £1,000. These proposals/projects could be submitted for approval direct to the Chair of the HIAG. This approach was supported by the HIAG and an earmarked sum of £5,000 was agreed in the first instance. David and Liz would discuss the mechanics for arranging payment of costs associated with individual projects agreed in this way.

**SW**

**DC/  
LMcD**

## 7. CHOOSE LIFE

The briefing note prepared by Freda and circulated with the agenda, was discussed. It was noted that the Development Officer (Choose Life) post was jointly funded by Angus Council and Dundee City Council. Freda confirmed that Dundee City Council had approved the revised job description referred to in the briefing paper and that arrangements to progress the recruitment process were currently with Angus Council's Human Resources Department.

## 8. ANY OTHER COMPETENT BUSINESS

- Freda said that arrangements were in place to establish a "Bebo Page" to help young people in Angus stop smoking.
- A focus group in Angus had undertaken a piece of work on smoking and health at Arbroath Academy entitled "The Sheep in the System" which had evaluated well. It was hoped that the project could be rolled out across Angus subject to available.
- Freda would prepare a briefing note for submission to the HIAG updating the group on the Fairer Scotland bid of £20,200 in relation to physical activity for older people and weight management. **FS**
- Lee McLean tabled a site plan showing the proposed new public swimming pool to be built in Montrose, the completion date of which was 2012. Lee asked if there were any facilities or provisions which health might wish to be accommodated within the complex. Susan said she would discuss this with Ron Johnston. **SW**
- It was noted that a new ranger base had just opened at Glen Doll

## 9. DATE OF NEXT MEETING

The next meeting of the HIAG would take place on Friday 12 December 2008 between 10.30am and 12.30pm.