

UNAPPROVED MINUTE

ANGUS HEALTH IMPROVEMENT ACTION GROUP

Minute of the above meeting held at 10.00 am on Wednesday 12 May 2010 in The Lintrathen Room, Whitehills Health & Community Care Centre, Forfar.

Present

David Cook, Group Accountant, Angus CHP

Paul Ballard, Deputy Director of Public Health, NHS Tayside

Jervis Browne, Principal Environmental Health Officer (Food & Health), Angus Council (for Stewart Ball)

Liz McDonald, Project Development Worker, NHS Tayside

Jacqui McNeill, Corporate Planning Officer, Chief Executive's Department, Angus Council

Freda Stewart, Health Improvement Partnership Manager, Angus CHP

In attendance

Cathy Grieve, Project Manager, Working Health Services

Apologies

Councillor Alison Andrews, Convener Social Work and Health

Stewart Ball, Senior Service Manager, Infrastructure Services, Angus Council

Sheila Ferguson, Senior Manager (Special Needs), Housing Division, Neighbourhood Services, Angus Council

Eileen Jackson, Early Years and Childcare Officer, Education, Joint Strategic Support Unit, Angus Council

Ron Johnston, Sports & Development Services Manager, Neighbourhood Services, Angus Council

Adrian McLaughlin, Principle Planning Officer, Angus Council

John Mowat, Watch Manager, Tayside Fire and Rescue

Robert Peat, Director of Social Work & Health, Angus Council

Drew Walker, Director of Public Health, NHS Tayside

Susan Wilson, General Manager, Angus CHP

Freda Stewart in the Chair

1. WORKING HEALTH SERVICES

ACTION

Freda welcomed Cathy to the meeting and introductions were made.

Cathy outlined her career background and explained that she was currently on secondment to NHS Tayside managing the Working Health Services Team; a team of health professionals whose aim was to support employees in the workplace. Cathy informed the group that the Department for Working Pensions had funded Working Health Services to allow people who work in small businesses to access a range of specialist work health services. It was noted that although the initiative started in Dundee, the service had been expanded and as from 1 April 2010, was now available for employees of small to medium sized businesses (250 employees or less) across Tayside providing rapid response treatment, advice and education on a number of health and work related issues. Services provided include physiotherapy,

occupational therapy, counselling/psychological therapy and access to an Occupational Health Nurse Advisor and/or Occupational Health Doctor.

Although the Team was based in Dundee, locally accommodation had been made available in Arbroath and Cathy confirmed that the Team were seeing its first Angus client that day.

Cathy confirmed that although most referrals were through individuals' own GPs, employees could self-refer or their managers could inform them of the service. There was currently no waiting list and employees contacting the Team were currently being seen within one week.

During discussion, it was noted that the environmental health service within Angus Council's Infrastructure Services was involved and supported the targeting of small to medium businesses of which there were almost 3,000 in Angus. In this respect, Jervis said that he would be happy to assist with the circulation of leaflets. Freda confirmed Angus CHP's support and advised that she sat on the employability group.

In response to questions, Cathy advised that the Team had been involved in some joint work with NHS Tayside's Healthy Working Lives Team. In terms of receiving feedback from employers, Cathy said that depending on circumstances, not all employers were aware that their employees had accessed the service but that where they were aware, the feedback had, in the main, been supportive. It was noted that it was often difficult to engage with GPs but that there were a few "champions" and where practices had been involved, the feedback was positive. Cathy said that the Team did target GPs individually and emphasised that practice staff were eligible to access the service as employees of small businesses.

On behalf of the HIAG, Freda thanked Cathy for attending the meeting and for giving an informative insight into the work of the Working Health Services Team. Cathy tabled a supply of Working Health Services information packs for information. Liz would arrange to circulate packs to those members not in attendance at the meeting.

LMcD

2. MINUTE OF PREVIOUS MEETING

The minute of meeting held on 10 February 2010 was approved as a correct record.

3. MATTERS ARISING

(a) Action Points Update

The action points update arising from the meeting held on 10 February 2010 which had been circulated with the agenda, was reviewed. A revised action points update reflecting the discussion would be circulated with this minute. The following specific points were noted:

LMcD

(i) Steps Tay Health Project

Freda confirmed that it had not been necessary to obtain funding from Angus CHP Endowments to support the project.

- (ii) Obesity in Children and Adults**
- Freda and Eileen had not yet had the opportunity to meet with the joint Chairs of the HEAL Group to discuss links with early years in the development of its integrated action plan to take forward the recommendations outlined in the summary mapping exercise report discussed at the previous HIAG meeting on 19 November 2009. **FS/EJ**
- (iii) Play@Home**
- Eileen would give an update on funding for the second stage of the initiative at a future HIAG meeting. **EJ**
- (iv) Physical Activity**
- Liz confirmed that an electronic copy of the final draft of the Angus Physical Activity Plan 2010-2013 had been circulated to the HIAG with a request for comments to be submitted to Ron Johnston by 26 February 2010. Ron would update the group at the next HIAG meeting. **RJ**
- (v) Funding Template**
- Liz had prepared a draft template for submission of funding requests to the HIAG. This would be circulated electronically to the HIAG for comment/approval. **LMcD**
- (vi) Towards a Mentally Flourishing Scotland**
- A paper prepared by Sharlaine Walker, Planning Officer and Gail Forrest, Mental Health & Wellbeing Co-ordinator, would be circulated with the agenda for discussion at the next HIAG meeting on 11 August 2010. **FS**
- (b) Other Matters Arising**
- (i) Services to Homeless People** **FS**
- Freda reported that the Angus Health & Homelessness Partnership Group was meeting that morning. An update would be given at the next HIAG meeting in August.
- (ii) Sexual Health & Relationships Support Young Peoples' Services** **FS**
- Freda reported that two of the people appointed had recently resigned to take up permanent posts elsewhere. The impact of this would be monitored. As this was a routine item on the HIAG agenda, an update would be given at the next meeting.
- (iii) Keep Well**
- Freda reported that the project had already met 57% of the number of health assessments it pledged to achieve over the two year period. The project was confident that it would meet 70% of its target of 2,225 health assessments over the two years of the project. It had become apparent that people were in need of support now to attend/access the service and because of this, it had been agreed to introduce this support straight away as opposed to waiting until the second year of the project, as was originally intended. This would be accomplished by volunteers accompanying people to attend the service.

In response to a question from Paul Ballard about the impact on the number of referrals to secondary care services, Freda said that this was being monitored and the project hoped to have data available soon.

(iv) Healthy Happy Communities Project

The project was progressing and while alcohol issues were still being addressed, Freda said that the project was also looking at nutrition. Volunteers had been recruited and feedback from young Mums in Arbroath had resulted in a decision being taken to establish a Young Mums Group in the area.

(v) Action Learning Sets for Health Improvement

It was noted that NHS Health Scotland was continuing with its review of the format of its action learning sets.

4. ANGUS PHYSICAL ACTIVITY & WALKING CO-ORDINATOR

The paper prepared by Kirsty McLean, Planning Officer (Health Improvement) was discussed. It was noted that while there was support in principle from Angus CHP and Angus Council's Leisure Services towards the recommendation to expand the role of the existing Walking Co-ordinator post to encompass the role of a Physical Activity Co-ordinator for Angus, funding was an issue.

Those present at the HIAG meeting were supportive of the proposal in principle although it was felt that the paper needed to be further developed to highlight and evidence the success of the Steps Tay Health Project, including its success in comparison to similar projects in other geographic areas. It was suggested that the paper should also highlight and demonstrate how the proposal would embrace the concept of the Health Equity Strategy: Communities in Control by reducing a dependency culture, building community capacity and encouraging co-production.

It was agreed that the developed paper would be further discussed at a future HIAG meeting and in the meantime, the option of taking forward the proposal via Older People's Services would be explored.

FS

5. REVIEW/MONITORING OF SINGLE OUTCOME AGREEMENT (SOA) OUTCOMES AND HEALTH IMPROVEMENT PLAN PERFORMANCE

Two documents, the draft SOA Outcomes & Indicators 2009/10 Full Year Progress Report and the HIAG Delivery Plan Full Year Progress Report 2009/10, both of which had been circulated with the agenda, were noted. The HIAG acknowledged the significant amount of work which had gone in to producing these documents and thanked Kirsty McLean for her input.

Unfortunately, due to the small number of HIAG members in attendance at the meeting, it was not possible to fully discuss and comment on the documents. The need for all partners to commit to this process was emphasised and it was agreed to re-circulate the documents to the HIAG, with an urgent request to submit comments direct to Freda by Friday 28 May 2010 to allow any changes to be made to the SOA Outcomes & Indicators Full Year Progress Report prior to its submission to the SOA Implementation Group (SOAIG) at its meeting on 17 June 2010.

LMcD

HIAG

As indicated at the previous HIAG meeting, any further changes to the SOA document would be made thereafter to allow presentation of the final draft to the SOAIG at its meeting on 3 September prior to submission to the Scottish Government by the end of September 2010. A presentation of the HIAG's Delivery Plan would also be given to the SOAIG at its meeting on 3 September 2010 as well as being submitted to the Healthy Safe & Caring Communities Partnership at its meeting on 8 September 2010.

Paul referred to NHS Tayside's Commissioning Plan which would be submitted to the HIAG in due course and said that while it largely affected NHS Tayside, it also had to dovetail with other strategic plans.

6. HEALTH EQUITY STRATEGY: COMMUNITIES IN CONTROL

Freda re-capped on the circumstances which had led to the event on 23 April 2010 being cancelled and explained the basis on which the draft action plan template had been produced. Comments on the draft plan were continuing to be sought and changes were being incorporated to enable the submission of the plan to NHS Tayside by the required deadline. Freda confirmed that the views of the Acute Sector were being sought. An update would be given at the next HIAG meeting.

FS

7. FUNDING ISSUES

(a) Revised HIF spreadsheet

The revised spreadsheet prepared by David Cook was tabled. David referred to the requirement for efficiency savings to be made to other NHS funding streams and recommended that in line with this requirement, efficiency savings of £15,000 be applied to the uncommitted HIF funding carried forward from 2009/10 to 2010/11, resulting in a reduction in the amount carried forward from £42,012 to £30,256. Those present at the meeting accepted this course of action and David undertook to amend the spreadsheet accordingly.

DC

All of the previously approved funding, including those initiatives approved at the last HIAG meeting had been included in the 2010/11 funding column on the spreadsheet. It was noted that the figures in this column represented both recurring and non-recurring funding. David suggested that for clarity, he would include an additional column on the next spreadsheet to be prepared, highlighting recurring spend.

DC

8. MINUTES OF RELEVANT ANGUS HEALTH IMPROVEMENT GROUP MEETINGS

The minutes of meetings circulated with the agenda were noted.

9. ANY OTHER COMPETENT BUSINESS

- Attendance at HIAG meetings

Concern was expressed at the recent poor attendance at the past few HIAG meetings despite a recent review of the role, remit and membership of the group having been undertaken. Freda said she would discuss this with Susan as Chair of the group.

FS/
SW

- **Living Better: Improving the mental health & wellbeing of people with long term conditions.**

Freda referred to the initiative “Living Better: Improving the mental health & wellbeing of people with long term conditions”. The project which aims to evaluate the mental health and wellbeing of people with diabetes and chronic heart disease (CHD) is focussing on CHP pilot sites of which Angus CHP is one of five across Scotland. Freda reported that the first training event had been held in Edzell the previous day and that despite difficulties with transport given the rurality of the venue, it had been an excellent day with an encouraging twenty five participants attending. Freda added that the project represented a good example of partnership working. Kirriemuir is to have the next training event.

FS

10. DATE OF NEXT MEETING

The next meeting will be held on Wednesday 11 August 2010 at 10.00am in Room A, St Margaret’s House, Orchardbank Business Park, Forfar.